



**Coming Soon**.....Beginning August 22<sup>nd</sup>

# Grab n' Go Breakfast!

Saint Michael School has the opportunity for students to FUEL UP before they start their day. Students will simply go to the cafeteria when they arrive at school, grab breakfast, and go to their classrooms to enjoy!

**Breakfast** will include: milk, juice, fruit, and a healthy grain option daily.



**Cost: Free** for every student

In addition, a **breakfast cereal** option will be offered daily in place of the main entrée.

Breakfast will **BEGIN** at **7:55 am** and **END** at **8:20am**.

This will allow plenty of time for students to eat their breakfast and be ready to start their school day promptly at 8:25 am.



## Daily Breakfast Features



Monday – donuts/muffin, flavored yogurt, fruit, milk

Tuesday – bacon or sausage, egg, & cheese muffin, fruit, juice, milk

Wednesday – breakfast bar, smoothie, fruit, milk

***\*A NEW SMOOTHIE FLAVOR WILL BE FEATURED EVERY WEDNESDAY\****

Thursday – pancake/sausage on a stick, fruit, milk

Friday – cinnamon roll, fruit, juice, milk



**\*Grab n' Go Breakfast WILL NOT be available on days that we have an early dismissal or two-hour delay. \***